

2019 E-Race The Stigma 1 Mile Walk/5k Race



Who is YAC and WHY do they care about mental health?

Geauga Youth Advisory Council is an organization in Geauga County that focuses on youth empowering youth throughout our community to create a healthy lifestyle for themselves and future generations through demonstration of leadership skills and prevention programs. This year we decided to focus on the issue of mental health and organized a 5K run/1 mile walk to erase the stigma that surrounds mental health.

Registration: Register by **May 10** to guarantee an “E-Race The Stigma” t-shirt! Registrations after May 10th will not guarantee a t-shirt, but you will be registered to walk or run in our event! Click here to register!

Location: E-Race The Stigma event will be held at the Geauga County Fairgrounds in Burton. 14373 N Cheshire St, Burton, OH 44021 (Parking info will be provided closer to date of event).

Agenda:

- 9-10 Registration (Building under grandstand)
- 10:15-10:45 Speakers
- 11:00 Begin Race
- 11:05 Begin Walk
- 12:15 Race and Walk conclude

Speakers: Speaker info will be provided closer to the date of the event.

Sponsors: If you would like to be a sponsor of our event to help E-Race the Stigma of mental health please contact Holly Jacobson at 440-476-6529 or email her at hollyjacobson14@gmail.com. If you would like to check out our sponsorship levels click here.

Community Businesses: Local community businesses will join us at our event to help us break the stigma of mental health. Each organization will have a tip, trick or fun activity to help reduce stress and anxiety! If your business or organization is interested in having a table at our event please contact Holly Jacobson at 440-476-6529 or email her at hollyjacobson14@gmail.com.

Donations: If you would like to help support E-racing the stigma of mental health of any of the other initiative of YAC or Geauga Youth Led Prevention, you may donate by sending a check to Geauga County Educational Service Center (YLP) in the amount you wish to donate.

Proceeds: The proceeds and donations from this event will go to Geauga Youth Led Prevention and Geauga Youth Advisory Council to continue to support their efforts in increasing the awareness of mental health, decreasing the negative stigma of mental health, and helping others reach out for support.